

Amy Bernstein, M.A.T, L.C.S.W.-R

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EDUCATION

M.S.W. Masters of Social Work
M.A.T. Masters of Elementary Education
B.S.W. Bachelor of Social Work

Fordham University May 1996
Manhattanville College October 1987
Stony Brook University May 1983

PROFESSIONAL EXPERIENCE

Clinical Social Worker

**Westchester Jewish Community Services
Yorktown Hts., New York 10597**

- Provide evidence based psychotherapy to a variety of child, adolescent, and adult clients.
- Provide a variety of therapy groups, including DBT skills group.
- Provide coordination of treatment with psychiatrists, school personnel and other service providers including law enforcement agencies.
- Provide emergency coverage including crisis intervention.

*May 2006-
June 30, 2009(site closed)*

Psychotherapist

- Supportive psychotherapy.
- Individuals, couple's and families.

**Cross River Professional Center
Cross River, New York 10518
June 1996-present
666 Lexington Ave. suite 102
Mt. Kisco, NY 10549
April 2009-present**

Per Diem Social Worker

**Four Winds Hospital
Katonah, NY 10536**

- Replacement social worker for permanent staff on temporary leave
- Case management and discharge planning.
- Last assignment was as temporary director of the Child Partial Hospital for seven weeks in 1999.

Spring 1997-Spring 1999

Early Intervention Social Worker

**Northern Westchester Center of Speech Disorders
Mount Kisco, New York 10549**

- provide family training
- play therapy
- psycho-social reporting
- on-going coordination

June 1996-July 1999

**School Social Worker
Intern**

- Counseled adolescent students
- prepared in-depth social histories

Walter Panas High School
Lakeland School District
Cortlandt Manor, New York 10566

September 1995-May 1996

**Family Therapist
Intern**

- lead multi-family therapy groups
- facilitated individual family sessions
- provided aftercare treatment plans

Arms Acres Substance Abuse Hospital
Carmel, New York 10512

September 1994-July 1995

Teacher/Student Teacher Fellow

- provided first grade educational curriculum
- developed and implemented lesson plans
- substituted grades k-6th

The Ridge Street School
Rye Brook, New York 10573

September 1986-June 1987

CERTIFICATES/PROFESSIONAL ORGANIZATIONS

Child Abuse and Neglect Identifying and Reporting New York State Certification
Fordham University November 1995, 2004(updated)

Good Touches, Bad Touches New York State Curriculum for preventing and identifying Sexual abuse
Mental Health Association
November 1995, 2004(updated)

Nationally Certified Elementary School Teacher N.T.E. passed exam October 1987
Certificate issue 1988 expired
1998(pending renewal)

Certified Public School Social Worker Liberal Arts and Sciences Test (LAST)
02/01/2008-01/31/2013 provisional license
Passed November 2004

Elementary and Secondary Assessment of Teaching Skills-Written (ATS-W)
Passed November 2004

Paralegal Studies Certificate Baruch College June 1983-Oct. 1983

Membership N.A.S.W., Membership School Social Workers, Membership Westchester Association of Clinical Social Workers.

PROFESSIONAL COURSES

Two Year Training Program in Family Therapy Family Institute of Westchester, Harrison NY
2002-2004

Cognitive-Behavioral Therapy (CBT), Evaluations, Treating Adult Survivors of Childhood Abuse
Dialectical Behavior Therapy (DBT), Substance Abuse and Treatment

References Furnished Upon request